

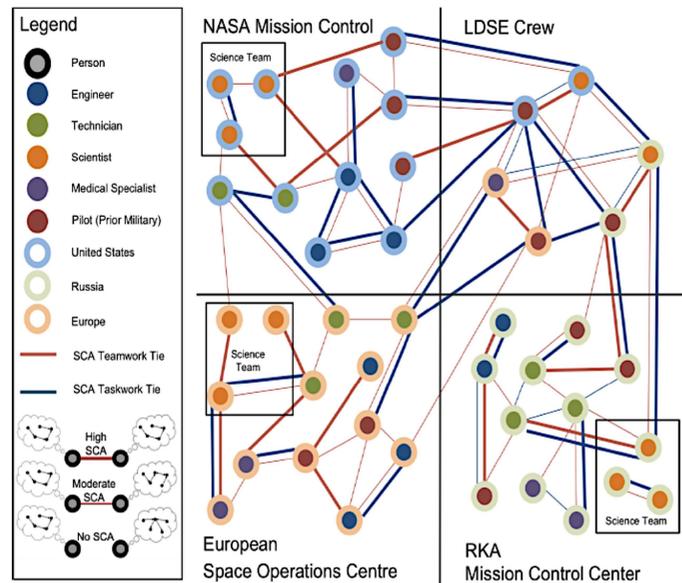
# The Impact of Social Connectedness, Communication Delay, and Sleep Deprivation on Cognitive Network Similarity in Analog Teams

Leslie A. DeChurch, Ashley Niler, Gabe Plummer, Kyosuke Tanaka, & Noshir S. Contractor

## Introduction

Shared cognition is a *core* team process competency

(NASA Human Research Program: Behavioral Health and Performance, 2011).



What impact will long-distance space exploration (LDSE) have on shared cognition?

There are **three elements** that impact shared cognition, and set LDSE teams apart from teams on Earth:

1. **Social Connectedness** (Hinds & Weisband, 2003; Campton, 2001; Moreland & Myaskovsky, 2000)

*H1*: Individuals who are on the same functional team will be more likely to share cognitive similarity ties (*H1a*) and those who are physically separated will be less likely to share those ties (*H1b*).

2. **Communication Delay** (Hollingshead, 1998; Lewis, 2004; Palazzolo et al., 2006; Wegner, 1987)

*H2*: Individuals under communication delay will be less likely to share cognitive similarity ties with other members in the multiteam system (MTS).

3. **Sleep Deprivation** (Barnes, 2012; Barnes & Hollenbeck, 2009; Mullins, Cortina, Drake, & Dalal, 2014)

*H3*: Individuals who are sleep deprived will be less likely to share cognitive similarity ties with other members in the MTS.

## Method

### Procedure

- Observed crews in the HERA analog, and “Mars Mission Control” members stationed at Georgia Tech working on Project RED – teams worked together to build a well for sustainable life on Mars in the Argyre Quadrangle
- Sample: 4 4-person HERA crews and 10 8-person mission controls (10 MTSs, 12 members each;  $N = 120$  individuals)



### Measures

- Cognitive ties:**
  - Task-related cognitive similarity: comparing locations for the well, designing an effective well, minimizing costs to our and other disciplinary teams, sending calculations, and experimenting with different calculations
  - Team-related cognitive similarity: motivating one another, coordinating our work, managing conflict, monitoring our progress, and sharing information
- Social connectedness:**
  - Crew versus mission control
  - Functional specialization (created via task roles)
  - Physical co-presence

## Results

Table 1  
Predicting shared *task-related* cognitive similarity ties

Predictor variable	Odds ratio Model 1	Odds ratio Model 2
Edges (Control)	.04***	.04***
Balance (Control)	2.64***	2.69**
Popularity (Control)	.16	n/a
HERA vs. MMC team (Control)	.70	.70
Same functional team ( <i>H1a</i> )	.32	.84
Separation ( <i>H1b</i> )	2.08**	2.36**
Communication delay ( <i>H2</i> )	1.43	1.07
Sleep deprivation ( <i>H3</i> )	1.95**	—
Learning effect	—	1.49*

Note.  $N = 120$  individuals,  $J = 10$ ,  $I = 1,320$ . Separation is reverse-coded. \*\* $p < .01$ , \*\*\* $p < .001$

Table 2  
Predicting shared *team-related* cognitive similarity ties

Predictor variable	Odds ratio
Edges (Control)	0.00***
Balance (Control)	16.44***
Popularity (Control)	73.70
HERA vs. MMC team (Control)	.90
Same functional team ( <i>H1a</i> )	.86
Separation ( <i>H1b</i> )	1.11
Communication delay ( <i>H2</i> )	1.31
Sleep deprivation ( <i>H3</i> )	1.11

Note.  $N = 120$  individuals,  $J = 10$ ,  $I = 1,320$ , \*\* $p < .01$ , \*\*\* $p < .001$

Members were 108% less likely to share cognitive ties if they were separated from one another.

Members were 95% more likely to share cognitive ties if they were sleep deprived → learning effect.

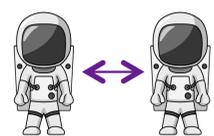
If Members A and B shared a tie, and B and C shared a tie, A and C were 1,544% more likely to also share a tie.

## Discussion

- Physical separation** leads members to have a **less similar understanding of the task**, even among mission control members in the same building.
- Multiteam-work can be learned**; crews were more likely to develop shared cognition with mission control members as they completed the task additional times. This was not driven by familiarity, as there was a new mission control each time the task was completed.
- LDSE factors** have a strong effect on **task-related shared cognition**, but no discernible effect on team-related shared cognition.

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